

EXPANDING HORIZONS

LEAP for Education | 35 Congress Street, Suite 102, Salem, MA 01970 | 978-740-6667 | www.leap4ed.org

AUGUST 7, 2020

Our summer program is off to a GREAT start! Students have been able to have fun and connect with peers while following safety protocols and procedures. We want to thank you for sending your students and allowing us the opportunity to get to know them better. We have thoroughly enjoyed spending time with your students so far!

Cohort Highlights:

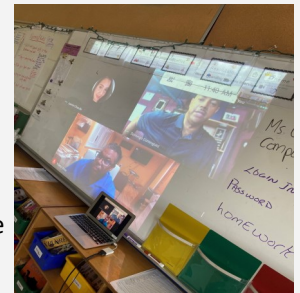
HEALTHY HARBORS - Students created a public awareness mural as a way to inform the community that the land around Saltonstall used to be underwater. After learning about storm drains, students spray painted messages around storm drains to inform others about the importance of not disposing of trash into the storm drains as they lead to the ocean.

CREATING MOBILE APPLICATIONS - Students began programming their mobile applications with a focus on building apps that will meet a public need in the community. Students have also done fun activities like brainstorming humorous ways that people can connect with one another during this time of social distancing by creating a trebuchet-- a gravity powered catapult!

BUILDING ESSENTIAL LIFE SKILLS: - Students have been working on self-awareness, self-regulation, and how to build healthy habits. Students built a toolbox of different strategies such as breathing techniques targeting every day stress, anxiety, and depression. They are learning how to become effective teens through building healthy habits. Students started working on vision boards which will be part of their final project!

EXPLORING LIFE IN AN ALTERNATE REALITY - Students have been discussing aspects of the common good and social justice and incorporating them into their art projects. Students were introduced to the principles of design through different activities and projects that were connected to science, writing, and math.

EL STREET 1+2 - The two EL cohorts have been practicing and developing their English skills. They have been able to interview numerous community leaders during the past week including: Miguel Cruz (Artist), Domingo Dominguez (Councilor at Large), Yolenys Ynoa (Community Leader), Yinette Guzman (Design Project Manager at CDC). Students were also able to go on tour of the Urban Punto Art Museum in the Point Neighborhood. In all this work, students were able to see the importance of Latinx representation in their community and learn about the opportunities available despite language barriers.



Resources for Families

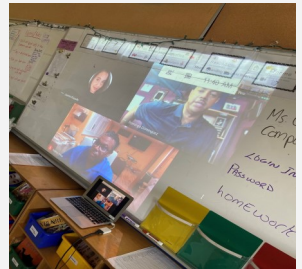
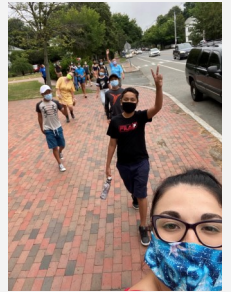
The [Salem Public Schools](#) is offering independent summer opportunities for kids to stay active. Kids can watch this interactive [20-minute Yoga Video](#) designed specifically for teens, or watch this [30 minute Latin Dance Workout](#).

For more information in regards to teen health, the National Institute of Diabetes and Digestive and Kidney Diseases created a guide for teenagers that promotes ways to stay active, get enough sleep, and choosing healthy habits which can be found [here](#).



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Cohorte Resúmenes:



Recursos para Familias